

# DR. JASMIN AESTHETICS



*"Beautiful skin requires  
commitment, not a miracle"*

Ernő László



# About Dr Jasmin Aesthetics

Dr. Jasmin Taher BDS (Hons) BSc (Hons) specialises in non-surgical aesthetics, using safe techniques to produce natural looking results. Dr. Jasmin graduated as a Dentist from the King's College London University with first class honours and multiple academic awards.

Dr. Jasmin has always had a passion for enhancing natural beauty, She has a level 7 diploma in injectables early in her career. She now teaches aesthetic practitioners at Derma Medical.

# Skin Health



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*With ZO® SKIN HEALTH at Dr  
Fasmin Aesthetics, our aim is  
to provide a comprehensive  
range of medical grade  
solutions that will restore skin  
to a healthy state.*

# Medical grade

ZO Skin Health products are not available to purchase online in the UK. They should only be used following a thorough consultation with an expert practitioner, where a treatment plan according to your skin and goals will be formulated.



HOW WE CAN HELP

RESTORING SKIN TO  
A HEALTHY STATE

Pigmentation

Acne

Fine lines

Sun damage

Dull skin

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# Corrections





# Treatment

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ZO Skin Health delivers innovative skincare solutions that optimize skin health based on the latest advances in skin therapy technologies, unique delivery systems, bioengineered complexes, and exclusive formulations.



# Dos

- Be prepared for anticipated reactions
- Use ZO hydrating cream to soothe irritated skin
- Use retinoids only at night unless instructed otherwise
- Increase mechanical exfoliation to daily once skin begins to peel
- Use sunscreen and reapply every 2 hours



# Don'ts

- Use retinols if pregnant or breastfeeding
- Itch skin, peel or flake skin
- Exceed recommend dose, unless instructed otherwise
- Wax or thread whilst acclimitising to products
- Carry out laser hair removal, microneedling or dermarolling whilst on retinoids (must have stopped for 1 week before)

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# 98%

showed improvement in skin  
quality, texture and  
pigmentation over 6 weeks



**RESULTS**

# FAQs

## Why should I use ZO?

*ZO Skin Health is the most technically advanced professional skincare range currently available.*

## Can anyone use ZO Skin Health?

*Provided you have been assessed and consulted by a trained ZO Skin Health doctor, ZO products are good for all skin types.*

## Is it normal to be red, dry, peeling, flaky and patchy during the initial phase of treatment?

*These are normal anticipated reactions and are a sign of repair. The reactions will disappear after tolerance is established and skin health has been restored*

## How soon will I see results?

*It takes 6–8 weeks for new skin cells to reach the surface of your skin. During that time you will see improvement in your skin, however the more aggressive the treatment the quicker the results will be seen. Optimal results are achieved after 3 skin cycles.*

## I'm using retinol, and the toner pads burn. Is this normal?

*Yes, this is normal. Retinol will initially irritate the skin, so the toner may cause some discomfort. This will settle once your skin acclimitises.*

# Testimonials

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*I've used the eye cream twice and can see a HUGE difference in my under eye area. It's become brighter and smoother.* ”

Female, age 23

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*In only 1 month my acne has completely cleared. My pigment has faded tremendously and the textural issues are also improving.* ”

Male, age 39

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*After having a consultation with Dr Jasmin, I found out that I was suffering from Melasma. I started a hyperpigmentation program and finally my pigment is fading* ”

Female, age 31

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Let's Talk

OUR CONTACT DETAILS